

# HIV/AIDS Clinical Drug Management Solutions

# for State ADAPs and Other HIV/AIDS Programs



### **BEST PRACTICES**

## **Controlling Costs**

In order for ADAPs to control costs and expand access to care, timely, authoritative, and clinically relevant information and resources are essential.

#### Formulary Management

Successful formulary management guides drug choices toward the most cost-effective options, assures collaboration with clients and providers, promotes optimal drug treatments, and reduces adverse reactions.

Clinical Pharmacy Associates, Inc. (CPA), provides expert drug formulary management. CPA's approach is unbiased, evidence based, and patient centered. Services include:

- Scientific reviews of ART and related drugs
- FDA drug-related safety warning reports
- Therapeutic class reviews
- Benefit design/formulary tiers
- Prior authorization
- Formulary committee support

### Time-Saving Technologies

Innovative new medication-related technologies can enhance effectiveness of HIV treatments and reduce errors. CPA provides:

- Electronic prescription services through partnership with DrFirst, Inc.
- Remote pharmacy services through partnership with MedNovations, Inc.

# **Improving Patient Outcomes**

Patient outcomes are directly affected by the ability of ADAPs to identify new treatment options as well as threats to patient health.

# Drug Information Center Support

CPA's clinical practitioners assess information on established and evolving medical approaches to HIV/AIDS care. CPA offers:

- Patient-specific pharmacological review
- Drug evaluations and fact sheets
- Answers to questions about new and investigational drugs
- Drug protocols and guidelines

#### **Continuing Education**

CPA administers continuing education and competency programs for physicians, pharmacists, treatment specialists, and others. Continuing education offerings include:

- ADAP-sponsored educational subscription service entitled *Anti-Retroviral Drugs and Related Therapies: References and Resources*
- On-site and remote educational lectures and competency training for physicians, pharmacists, treatment specialists, and other professionals





## Monitoring Quality and Adherence

To help ensure the best treatment outcomes for ADAP patients, drug prescribing practices and patient drug adherence must be monitored.

# Quality Improvement Services

CPA can identify opportunities for programmatic improvements in drug utilization and prescribing. CPA provides:

- Development of drug use review/quality assurance (QA) plans
- Support for the performance of criteriabased drug reviews
- Adverse drug reaction monitoring
- Medication error assessment
- Support for the QA needs of state health departments and other agencies

### Patient Drug Adherence

CPA develops and enhances systems to track drug adherence and facilitate interventions, with the goal of reducing patient morbidity and mortality.

### **CHALLENGES**

Complex challenges confront state AIDS Drug Assistance Programs (ADAPs) and other HIV/AIDS programs today.

Key challenges include:

- Controlling costs despite the increasing number of clients to be served and the increasing cost of drugs
- Keeping current with new ways to improve patient health, and identifying threats to patient health
- Tracking patient drug adherence, and monitoring the quality of pharmaceutical services

### Clinical Pharmacy Associates, Inc.

Clinical Pharmacy Associates, Inc. (CPA), consists of clinical pharmacists, quality improvement specialists, and information technology partners, all with hands-on clinical experience. CPA responds to its clients' needs as skilled practitioners with extensive knowledge of drug use in a variety of settings.

**CPA** has no conflict of interest with pharmaceutical manufacturers, chain/retail pharmacies, or other pharmacy vendors.

**CPA** has over 20 years of experience in delivering comprehensive pharmaceutical services and health services research to state and federal agencies, hospitals, health systems, academic institutions, and managed care organizations.

**CPA** also served more than 8 years with a state ADAP and provides international consulting for the GHAIN program in Africa.

CPA focuses on combining technology, pharmaceutical expertise, and evidence-based medicine to create value for each client. CPA reduces costs and improves the quality of health care with innovative tools and practical solutions.

**CPA** services can be obtained through contracting, consulting, subscribing, and/or grant awarding. CPA is a minority owned and operated firm.

316 Talbott Avenue Suite A Laurel, MD 20707 www.clinpharm.com (301) 617-0555